

Infant and Early Childhood Mental Health Webinar Series 2021-22



Join us for a series of webinars that highlight key aspects of infant and early childhood mental health in early learning and care settings, both center and home-based. These informative **1-HOUR VIRTUAL** sessions are offered at no cost. Links for webinar registration via the ECE Workforce Registry are included below.

Infant and Early Childhood Mental Health: What is It?

October 26, 2021 from 4:00-5:00pm

Jess Bernal, LMFT

<http://www.caregistry.org/index.cfm?module=trainingEventDetails&trainingId=28727&eventId=31649>

In this opening webinar of the series, participants will become familiar with the field of infant and early childhood mental health, explore the developmental tasks associated with mental health in the first five years of life, and increase their understanding of factors that influence children's well-being.

Topics include:

- The role of early learning and care providers in mental health promotion
- Identifying red flags and signs of atypical social-emotional development
- A brief overview of referrals and treatment specific to infants and young children



Young Children in Foster Care and Kinship Care

January 26, 2022 from 4:00-5:00pm

Debbie Reno-Smith, LMFT, NCC, MAC

<http://www.caregistry.org/index.cfm?module=trainingEventDetails&trainingId=28731&eventId=31652>

The child welfare system in California is made up of groups of services designed to promote the well-being of children and strengthen families. This webinar identifies how early learning and care providers can support young children who receive services through child welfare. Case examples will be shared to promote understanding of the diversity of families and the services they receive.

Topics include:

- The prevalence of young children in the child welfare system
- How do foster care and kinship care differ?
- Communicating and collaborating with families on behalf of their children
- Trauma and resilience in young children

Stay Tuned for our Spring 2022 Webinars- Dates to be announced

Serving Families Experiencing Homelessness

- March 2022

Professional Resilience in Challenging Times

- May 2022

For more information, contact us at: 877-524-2422 or cibc@wested.org

The California Infant and Early Childhood Mental Health Consultation (IECMHC) Network is coordinated by WestEd and funded by the California Department of Social Services, Child Care and Development Division